

The Respect Reset

Respect isn't about your kid being "nice." It's about your home not running on backtalk, tone, and power struggles.

This lesson gives you a simple way to reset the direction of the moment—without yelling and without negotiating.



Reset the Moment

A simple way to change the direction of an interaction.



Lead Without Yelling

Take charge calmly, without resorting to shouting or negotiation.

How to use it:

01

Press play once.

02

Download the Respect Reset Cue Card.

03

Pick ONE line you'll use this week when disrespect shows up.

Remember: You can be warm and still hold the line. That's leadership.

Download: Respect Reset Cue Card (PDF)



Disrespect is the spark. Your
reaction is the gasoline.

We don't debate tone. We reset direction.



Warm + firm + done

One line. One next step. Follow through.